

SYMPTOMS: Respiratory distress with presence of rales (pulmonary crackles).
 Common causes of pulmonary edema include: congestive heart failure (CHF - most common), medications, high altitude exposure, kidney failure, lung damage caused by gases or severe infection, and major injury.

Assessment, Treatment and Interventions:

ALL LEVELS

1. Allow patient to remain in position of comfort.
2. Obtain vital signs.
3. History
 - a. Use of diuretics and compliance
 - b. Weight gain
 - c. Leg swelling
 - d. Orthopnea
4. Physical examination
 - a. Breath sounds – crackles or rales
 - b. Lower extremity edema
 - c. JVD
 - d. Cough and/or productive cough with pink and/or frothy sputum
 - e. Diaphoresis
 - f. Chest discomfort
 - g. Hypotension
 - h. Shock
 - i. Respiratory distress
 - i. Assess patient’s ability to speak in full sentences
 - ii. Note respiratory accessory muscle use
 - iii. Shortness of breath
 - j. Abnormal respiratory rate and/or effort
 - k. Use of accessory muscles
5. Manage airway as necessary.

EMR-O; EMT-R

6. Administer oxygen as appropriate for dyspnea or distress with a target of achieving greater than 93% saturation for most acutely ill patients.
7. Consider use of BVM or non-visualized airway for severe distress if no improvement.
8. Measure SpO₂.

EMT-O

9. Acquire ECG and ETCO₂ as available.
10. Consider non-invasive positive pressure ventilation.

AEMT-R

11. Establish IV access.
12. Consider administration of nitroglycerin.

INT-O; PARA-R

13. Consider endotracheal intubation for severe distress or if not improving with less invasive support.